

GOVERNMENT & POLICE RECRUITMENT EXAM SERIES

Idioms & Phrases

Complete Solved MCQ Workbook

40

QUESTIONS

100%

VERIFIED ANSWERS

40

EXPLANATIONS

Every answer checked & corrected • With detailed explanations

Q1

IDIOMS & PHRASES

All and Sundry

A Everybody
without
distinction ✓

B Only rich
person

C Together

D Selected people

CORRECT ANSWER A — Everybody without distinction

EXPLANATION

“All and sundry” means everyone, without exception — rich or poor, important or ordinary. Example: “The free food stall welcomed all and sundry.”

Q2

IDIOMS & PHRASES

At Arm's Length

A Length of arm

B At a distance ✓

C Insult

D Very near

CORRECT ANSWER B — At a distance

EXPLANATION

To keep someone “at arm’s length” means to avoid becoming too close or friendly with them, keeping emotional or physical distance.

Q3

IDIOMS & PHRASES

At Daggers Drawn

A Real cause

B To be puzzled

C At enmity ✓

D At friendship

CORRECT ANSWER C — At enmity

EXPLANATION

“At daggers drawn” describes two people or groups who are in a state of open, bitter hostility — that is, at enmity with one another.

Bag and Baggage

A All the clothing

B Without any
belonging

C Leave

D With all one's
belongings ✓

CORRECT ANSWER D — With all one's belongings

EXPLANATION

“Bag and baggage” means taking every single one of your belongings with you, leaving nothing behind. Example: “They moved out bag and baggage.”

Q5

IDIOMS & PHRASES

Bed of Roses

A Very soft bed

B Dull life

C Easy and comfortable life ✓

D Full of joys

CORRECT ANSWER C — Easy and comfortable life

EXPLANATION

A “bed of roses” refers to a situation of ease, comfort, and luxury — a life free from difficulty or hardship.

Q6

IDIOMS & PHRASES

By Leaps and Bounds

A Very fast ✓

B Very slow

C In details

D Aimlessly

CORRECT ANSWER A — Very fast

EXPLANATION

“By leaps and bounds” describes progress that happens very quickly and impressively, in large increments rather than slowly.

Q7

IDIOMS & PHRASES

In Cold Blood

A In full operation

B Deliberately ✓

C Unintentionally

D Aimlessly

CORRECT ANSWER B — Deliberately

EXPLANATION

“In cold blood” means doing something, usually a crime, in a calm and deliberate manner without any feeling of mercy or hesitation.

Q8

IDIOMS & PHRASES

In the Teeth of

A Real cause

B In the face of ✓

C In the end

D To chase

CORRECT ANSWER B — In the face of

EXPLANATION

“In the teeth of” means directly against or in the face of opposition, difficulty, or strong resistance.

Q9

IDIOMS & PHRASES

Ins and Outs

A No details

B Major share

C Finally

D Full details ✓

CORRECT ANSWER D — Full details

EXPLANATION

“Ins and outs” refers to all the small, intricate details of a subject or situation — a complete and thorough understanding.

Q10

IDIOMS & PHRASES

Lion's Share

A Look angrily

B Major share ✓

C Minor share

D Heart of the
prey

CORRECT ANSWER B — Major share

EXPLANATION

The “lion’s share” means the largest or majority portion of something, based on the idea that a lion takes the biggest part of the kill.

Q11

IDIOMS & PHRASES

Out of Question

A Resemble

B Easy

C Impossible ✓

D For the end

CORRECT ANSWER C — Impossible

EXPLANATION

“Out of the question” means something is completely impossible or not to be considered at all.

Q12

IDIOMS & PHRASES

Up to the Mark

A Feel greatly

B Standard ✓

C Extinguish

D Below standard

CORRECT ANSWER B — Standard

EXPLANATION

“Up to the mark” means meeting the expected standard of quality or performance.

Q13

IDIOMS & PHRASES

With Open Arms

A Warmly ✓

B Cold blooded

C Resemble

D Coldly

CORRECT ANSWER A — Warmly

EXPLANATION

To welcome someone “with open arms” means to receive them warmly and enthusiastically, showing genuine happiness at their arrival.

Q14

IDIOMS & PHRASES

A Black Sheep

A Stranger

B On the run

C Scoundrel ✓

D Gentleman

CORRECT ANSWER C — Scoundrel

EXPLANATION

A “black sheep” is a member of a family or group who is regarded as disreputable, undesirable, or a scoundrel compared to the rest.

Q15

IDIOMS & PHRASES

A Bone of Contention

A Bone of lion

B A reason for
discord ✓

C Cause of
friendship

D Continued to
bed

CORRECT ANSWER B — A reason for discord

EXPLANATION

“A bone of contention” is the specific subject or issue that causes an argument or disagreement between people.

Q16

IDIOMS & PHRASES

A Cock and Bull Story

A

Interesting story

B

An absurd tale ✓

C

A detective story

D

A relevant story

CORRECT ANSWER B — An absurd tale

EXPLANATION

A “cock and bull story” is an absurd or far-fetched tale, usually told as an excuse, which is difficult to believe.

Q17

IDIOMS & PHRASES

A Gala Day

A A day of festivity ✓

B A day of brief

C A rainy day

D A relevant day

CORRECT ANSWER A — A day of festivity

EXPLANATION

“A gala day” refers to a special day marked by celebration, festivity, and public enjoyment.

Q18

IDIOMS & PHRASES

A Hard Nut to Crack

A To be deceived

B Lazy

C To confirm

D A difficult problem ✓

CORRECT ANSWER D — A difficult problem

EXPLANATION

“A hard nut to crack” describes a problem, task, or person that is very difficult to deal with or understand.

Q19

IDIOMS & PHRASES

A Man of Straw

A A puppet

B Influential

C One who has no influence ✓

D To struggle in vain

CORRECT ANSWER C — One who has no influence

EXPLANATION

“A man of straw” is a person of no real substance, financial standing, or influence — someone easily knocked down, like a straw figure.

A Turncoat

One who
A changes one's opinion or party ✓

B A wet coat

C A poor man

D Man of principal

CORRECT ANSWER A — One who changes one's opinion or party

EXPLANATION

A “turncoat” is someone who deserts one party, cause, or loyalty to join an opposing one — a traitor to their original side.

Q21

IDIOMS & PHRASES

“A bit” means

A

Something to
eat

B

To help
someone

C

A small amount ✓

D

None of these

CORRECT ANSWER C — A small amount

EXPLANATION

“A bit” simply means a small quantity or amount of something. Example: “Add a bit of salt.”

Q22

IDIOMS & PHRASES

“About time” means

A At the right
time

B Soon

C At last



D None of these

CORRECT ANSWER C — At last

EXPLANATION

“About time” is used to say that something should have happened earlier and has finally happened — equivalent to “at last.”

“Across the board” means

A Everyone or everything is included ✓

B To travel between countries

C Uninteresting

D None of these

CORRECT ANSWER A — Everyone or everything is included

EXPLANATION

“Across the board” means applying to everyone or everything in a group, with no exceptions.

“To act up” means

A To share an idea

B To behave badly ✓

C To pretend to be rich

D None of these

CORRECT ANSWER B — To behave badly

EXPLANATION

“To act up” means to behave badly or improperly, or for a machine/body part to malfunction.

Q25

IDIOMS & PHRASES

A man “after my own heart” means

A Liking the same things as me ✓

B Looks like me

C Follows me

D None of these

CORRECT ANSWER A — Liking the same things as me

EXPLANATION

A person “after my own heart” is someone who shares the same tastes, values, or opinions as the speaker.

“Against the clock” means

A A new record

B A test of speed or time ✓

C An impossible task

D None of these

CORRECT ANSWER B — A test of speed or time

EXPLANATION

“Against the clock” describes doing something in a hurry, racing against time to finish before a deadline.

Q27

IDIOMS & PHRASES

“All along” means

A All the time ✓

B To agree

C Altogether

D None of these

CORRECT ANSWER A — All the time

EXPLANATION

“All along” means the whole time, from the very beginning, without change. Example: “I knew it all along.”

Q28

IDIOMS & PHRASES

“All hours” means

A At regular times

B At irregular times ✓

C Every hour

D None of these

CORRECT ANSWER B — At irregular times

EXPLANATION

“All hours” refers to unusual or irregular times, often very late at night or very early in the morning.

Q29

IDIOMS & PHRASES

“Along in years” means

A Getting old ✓

B Getting tired

C Becoming
successful

D None of these

CORRECT ANSWER A — Getting old

EXPLANATION

“Along in years” is a polite way of saying that someone is getting old or advancing in age.

Q30

IDIOMS & PHRASES

“And then some” means

A Not many

B Only a few

C And a lot more ✓

D None of these

CORRECT ANSWER C — And a lot more

EXPLANATION

“And then some” is used to emphasize that there is even more beyond what has already been mentioned.

A “babe in the woods” means

A Someone who cuts trees

B Someone who is young

C Someone who is innocent ✓

D None of these

CORRECT ANSWER C — Someone who is innocent

EXPLANATION

A “babe in the woods” describes a naive, innocent, or inexperienced person who is easily confused or taken advantage of.

To “back down” means

A To give up a claim ✓

B To sit down

C To fight for something

D None of these

CORRECT ANSWER A — To give up a claim

EXPLANATION

“To back down” means to withdraw a claim, demand, or opinion, usually after facing opposition.

To “back out” means

A To support someone

B To be trapped

C To get out of an agreement ✓

D None of these

CORRECT ANSWER C — To get out of an agreement

EXPLANATION

“To back out” means to withdraw from a promise, agreement, or commitment that was previously made.

A “bad trip” means

A To lose money

B An unpleasant drug experience ✓

C To be unsuccessful

D None of these

CORRECT ANSWER B — An unpleasant drug experience

EXPLANATION

A “bad trip” refers to a frightening or unpleasant experience caused by taking a hallucinogenic drug.

“He didn't bat an eye” means the same as

A He didn't see

B He wasn't happy

C He didn't show surprise ✓

D None of these

CORRECT ANSWER C — He didn't show surprise

EXPLANATION

“To not bat an eye” means to show no reaction of surprise, fear, or emotion, even in a shocking situation.

Q36

IDIOMS & PHRASES

To “bear in mind” means

A To forget something

B To be crazy

C To remember something ✓

D None of these

CORRECT ANSWER C — To remember something

EXPLANATION

“To bear in mind” means to remember or keep something in your thoughts, especially when making a decision.

Q37

IDIOMS & PHRASES

To “beat around the bush” means

A To not know

B To avoid a question ✓

C To go on a hike

D None of these

CORRECT ANSWER B — To avoid a question

EXPLANATION

“To beat around the bush” means to avoid speaking directly about the main topic, often to delay an uncomfortable answer.

Q38

IDIOMS & PHRASES

To “beef up” means

A To go crazy

B To have fun

C To make
something
stronger ✓

D None of these

CORRECT ANSWER C — To make something stronger

EXPLANATION

“To beef up” means to strengthen, reinforce, or add more substance to something, such as a plan or an argument.

“Behind the scenes” means

A In a different place

B Privately ✓

C In a difficult position

D None of these

CORRECT ANSWER B — Privately

EXPLANATION

“Behind the scenes” refers to actions or activities that happen privately, away from public view.

Q40

IDIOMS & PHRASES

“Below the belt” means

A Good

B Secretly

C Unfairly ✓

D None of these

CORRECT ANSWER C — Unfairly

EXPLANATION

“Below the belt” describes an action or remark that is unfair, unkind, or against the accepted rules of decency.